

Chili

1 pound	lean ground beef
1 cup	onions, minced
2 cloves	garlic, minced
1 cup	celery, chopped
1 cup	green peppers, chopped
1 can	tomatoes, stewed
24 ounces	V-8® vegetable juice
1 teaspoon	chili powder
1/2 teaspoon	ground cumin
1/2 teaspoon	salt
1/4 teaspoon	hot pepper sauce
1/4 teaspoon	pepper
12 ounces	red kidney beans, drained

Cook ground beef in skillet until no longer pink. Drain on paper towels, return to skillet. Add onions and garlic. Sauté until onions are translucent, about 5 minutes. Add beef and all remaining ingredients except kidney beans, and bring to a boil. Reduce heat, cover, and simmer until all vegetables are tender, about 30 minutes. Stir in kidney beans and cook until heated through.