

Parmesan Bake Chicken

4 boneless, skinless chicken breasts
1/4 cup flour
1/3 cup grated parmesan cheese
1 tsp. paprika
1/2 tsp. salt
1/8 tsp. pepper
1 beaten egg
1/4 cup melted butter or margarine

Pre heat oven 350°F.

Spray a 9x13 inch pan with cooking spray. Rinse and pat dry chicken breasts. Combine flour, cheese, paprika, salt and pepper in a bowl or bag. Dip chicken breast in beaten egg and dredge in flour mixture. Place in pan. Drizzle with melted butter. Bake for 45 minutes to an hour.

Yields 4 servings.